



# Apostleship of the Sea

## Basic Balaclava Knitting Pattern



Materials: About 150 grams knitting worsted weight yarn.

Equipment: One set of 4 or 5 double pointed size 5 (US) or 3 1/2 - 4 mm needles, tapestry needle, scissors.

Gauge: The gauge is flexible on this project. Suggested about 5 stitches to one inch, or 20 stitches to 10 cm.

Neck of helmet: Cast on 100 stitches, join in a circle, and knit in k2 p2 ribbing for 7 inches / 18 cm.

Back and sides of helmet: Next row: knit 37 stitches plain, turn and knit back over 74 stitches. Continue, knitting 74 stitches each row (garter stitch), slipping each first stitch, for 6 inches / 15 cm.

Top of helmet: Next row: Knit 26 stitches on to spare needle, knit to end of row, turn.

Next row: Knit 26 stitches on to spare needle, knit remaining 22 stitches in garter stitch (knit every row) for about 6 inches / 15 cm, forming top of helmet. At the end of each row, pick up and knit one edge stitch from helmet sides together with last stitch of 22.

Ribbing around face opening: Pick up 90-100 stitches around face opening, including the stitches still on the needle from the top of the helmet, and the stitches on the spare needle for the front of the neck ribbing. Knit in k2 p2 ribbing for 2 inches / 5 cm. Cast off in pattern, loosely (use a larger needle if necessary for casting off). Sew in ends.